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Ground fighting (also called ground work or ground game) is hand-to-hand combat or wrestling which takes place while the combatants are on the ground, as distinguished from stand-up fighting. The term is commonly used in mixed martial arts and other combat sports, as well as various forms of martial arts to designate the set of grappling techniques employed by a combatant that is on the ground.

Ground fighting - Wikipedia

«A tre settimane dalla prima di "Operazione Drago", il film che gli avrebbe dato fama internazionale, Bruce entrò misteriosamente in coma e morì.

Dragon - La storia di Bruce Lee - Wikipedia

Taekkyeon is a traditional Korean martial art first explicitly recorded during the Joseon Dynasty. Taekkyeon is characterized by fluid, dynamic foot movement called "pum balgi" or Stepping-on-Triangles. Taekkyeon is concerned with applying both the hands and feet at the same time to unbalance, trip, or throw the opponent.

Taekkyeon - Wikipedia

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ebook - Wikipedia

Biographie. Issu d'une famille de bouchers, Scott Adkins grandit en Angleterre Il découvre les arts martiaux à dix ans à travers le club de judo local et s'initie par la suite au Taekwondo à l'âge de 14 ans, au Kick boxing à l'âge de 16 ans, dont il obtient la ceinture noire à 19 ans. Il s'entraîne également au Muay-Thai, aux MMA, au Jeet Kune Do, au Judo, au Karaté, au Jiu-Jitsu, au ...

Scott Adkins sur Wikipedia

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Cowboy Bebop (ã, «ã, lãfœãf¼ã, pãf“ãf•ãffãf—, Kaubã•i Bibappu?) est une série télévisée d'animation japonaise de 26 épisodes créée en 1998 par Sunrise et réalisée par Shin'ichirō Watanabe, qui fut adaptée en long métrage et en manga. Cette série de science fiction suit les aventures d'un groupe de chasseurs de primes voyageant dans un vaisseau spatial, le Bebop, en 2071.

Cowboy Bebop sur Wikipedia

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